



MY 12-WEEK JOURNAL **WEEK 6**  
THINGS TO DO OVER THE COURSE OF THE NEXT WEEK

*A Life That  
Pleases Him*

First, listen to this message several times and review its various points.

**Keep this in mind:**

In fulfilling my purpose, I must do the things that are pleasing to Yah.

Write out and reflect on this verse of the week:

**PSALM 35:27**

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**Ask yourself this question:**

When Yah looks down at me from his throne of purity, will he behold me doing the things that please him, or the things for which he destroyed the world?

My answer to this question:

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